

## Health Insurance and Benefits Contacts in the Episcopal Diocese of North Carolina

- **Church Pension Group Client Services**
  - **General Questions, Pensions, Retirement Savings**  
866-802-6333  
Monday-Friday 8:30 a.m. to 5:30 p.m. ET
  - **Medical, Dental, Vision, Life Insurance, Disability**  
800-480-9967  
Monday-Friday 8:30 a.m. to 8:00 p.m. ET  
[cpg.org](http://cpg.org)
- **Medical, vision, prescription, and behavioral health**  
Quantum Health [866-871-0629](tel:866-871-0629)
- **Dental**  
Delta Dental 888-894-7059  
8 a.m. to 8 p.m. ET  
[deltadentalins.com](http://deltadentalins.com)
- **Vision**  
EyeMed [866-723-0513](tel:866-723-0513)  
[member.eyemedvisioncare.com/ecmt/en-us](http://member.eyemedvisioncare.com/ecmt/en-us)
- **Cigna EAP**  
Members: [866-395-7794](tel:866-395-7794)  
24 hours a day, 7 days a week  
[mycigna.com](http://mycigna.com)